



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Hiese, Jonas

Club: SLG Bad Langensalza
Number: 51

Course: 12.50 km
12,5 km -Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 59:47

Speed: 12.04 km/h
Running performance: 4:47 min/km

Rank in course/Total: 44 (of 193)

Rank in course/Men: 40 (of 142)

Best time in course: 42:15

Rank in category: 1(of 6)

Best time in the category: 59:47