



## 3Türmelauf

Bad Langensalza / 19.04.2015

### Detailed evaluation

**Vogt, Markus**

Club: Großengottern

Number: 146

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:00:06

Speed: 11.98 km/h

Running performance: 4:49 min/km

Rank in course/Total: 49 (of 193)

Rank in course/Men: 44 (of 142)

Best time in course: 42:15

Rank in category: 8(of 22)

Best time in the category: 42:15