



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Liebe, Kai Uwe

Club: Grün Weiss Schönstedt  
Number: 199

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:00:15

Speed: 11.95 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 51 (of 193)

Rank in course/Men: 45 (of 142)

Best time in course: 42:15

Rank in category: 10(of 21)

Best time in the category: 48:32