



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Liebe, Kai Uwe

Club: Grün Weiss Schönstedt
Number: 199

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:00:15

Speed: 12.45 km/h
Running performance: 4:49 min/km

Rank in course/Total: 51 (of 193)

Rank in course/Men: 45 (of 142)

Best time in course: 42:15

Rank in category: 10(of 21)

Best time in the category: 48:32