



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Michael, Klostermann

Club: SPD-Bad Langensalza  
Number: 83

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:01:26

Speed: 11.72 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 61 (of 193)

Rank in course/Men: 55 (of 142)

Best time in course: 42:15

Rank in category: 12(of 20)

Best time in the category: 52:31