



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Deutsch, Alexander

Club: Bad Langensalza

Number: 21

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:01:57

Speed: 11.62 km/h

Running performance: 4:58 min/km

Rank in course/Total: 62 (of 193)

Rank in course/Men: 56 (of 142)

Best time in course: 42:15

Rank in category: 6(of 20)

Best time in the category: 52:50