



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

**Bohring, Ulrike**

Club: 1. SGV Mühlhausen  
Number: 12

Course: 12.50 km  
12,5 km -Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:31

Speed: 11.81 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 75 (of 193)

Rank in course/Women: 9 (of 51)

Best time in course: 53:49

Rank in category: 2(of 8)

Best time in the category: 1:00:44