



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Zöllner, Frank

Club: Jena

Number: 158

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:06:09

Speed: 10.88 km/h

Running performance: 5:17 min/km

Rank in course/Total: 91 (of 193)

Rank in course/Men: 81 (of 142)

Best time in course: 42:15

Rank in category: 14(of 22)

Best time in the category: 42:15