



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Kreutzburg, Michael

Club: Thamsbrück

Number: 175

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:06:17

Speed: 10.86 km/h

Running performance: 5:18 min/km

Rank in course/Total: 93 (of 193)

Rank in course/Men: 83 (of 142)

Best time in course: 42:15

Rank in category: 15(of 22)

Best time in the category: 42:15