



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Wolter, Steffen

Club: RennsteigSpirit
Number: 151

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:06:44

Speed: 10.79 km/h
Running performance: 5:20 min/km

Rank in course/Total: 96 (of 193)

Rank in course/Men: 85 (of 142)

Best time in course: 42:15

Rank in category: 9(of 25)

Best time in the category: 46:59