



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Ehrhardt, Michael

Club: Sonneborn
Number: 210

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:06:47

Speed: 10.78 km/h
Running performance: 5:20 min/km

Rank in course/Total: 98 (of 193)

Rank in course/Men: 87 (of 142)

Best time in course: 42:15

Rank in category: 15(of 21)

Best time in the category: 48:32