



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Schmidt, Markus

Club: Schönstedt  
Number: 170

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:06:56

Speed: 10.76 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 101 (of 193)

Rank in course/Men: 90 (of 142)

Best time in course: 42:15

Rank in category: 16(of 22)

Best time in the category: 42:15