



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Heyl, Andreas

Club: Langensalza

Number: 187

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:07:04

Speed: 10.74 km/h

Running performance: 5:22 min/km

Rank in course/Total: 104 (of 193)

Rank in course/Men: 92 (of 142)

Best time in course: 42:15

Rank in category: 14(of 20)

Best time in the category: 52:50