



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Trautmann, Nick

Club: GKN Sinter Metals
Number: 141

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:07:37

Speed: 10.65 km/h
Running performance: 5:25 min/km

Rank in course/Total: 109 (of 193)

Rank in course/Men: 94 (of 142)

Best time in course: 42:15

Rank in category: 15(of 20)

Best time in the category: 52:31