



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Fischer, Rainer

Club: Salza Vita Gesundheitszentrum UG
Number: 31

Course: 12.50 km
12,5 km -Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:08:08

Speed: 10.57 km/h

Running performance: 5:27 min/km

Rank in course/Total: 114 (of 193)

Rank in course/Men: 98 (of 142)

Best time in course: 42:15

Rank in category: 6(of 8)

Best time in the category: 1:01:07