



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Schäfer, Tilo

Club: Bad Langensalza
Number: 109

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:08:24

Speed: 10.53 km/h
Running performance: 5:28 min/km

Rank in course/Total: 120 (of 193)

Rank in course/Men: 103 (of 142)

Best time in course: 42:15

Rank in category: 18(of 22)

Best time in the category: 42:15