



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Förster, Katja

Club: Bad Langensalza
Number: 32

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:08:38

Speed: 10.49 km/h
Running performance: 5:29 min/km

Rank in course/Total: 125 (of 193)

Rank in course/Women: 18 (of 51)

Best time in course: 53:49

Rank in category: 2(of 7)

Best time in the category: 55:24