



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Gernoth, Christian

Club: Bad Langensalza
Number: 38

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:08:46

Speed: 10.47 km/h
Running performance: 5:30 min/km

Rank in course/Total: 126 (of 193)

Rank in course/Men: 108 (of 142)

Best time in course: 42:15

Rank in category: 17(of 20)

Best time in the category: 52:31