



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Henne, Thomas

Club: Oberdorla

Number: 203

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:09:06

Speed: 10.42 km/h

Running performance: 5:32 min/km

Rank in course/Total: 127 (of 193)

Rank in course/Men: 109 (of 142)

Best time in course: 42:15

Rank in category: 18(of 20)

Best time in the category: 52:31