



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Ehrlich, Elisa

Club: Herbsleben  
Number: 186

Course: 12.50 km  
12,5 km -Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:09:16

Speed: 10.83 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 129 (of 193)

Rank in course/Women: 20 (of 51)

Best time in course: 53:49

Rank in category: 5(of 5)

Best time in the category: 55:47