



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Schröder, Thomas

Club: Bad Langensalza
Number: 120

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:10:24

Speed: 10.65 km/h
Running performance: 5:38 min/km

Rank in course/Total: 138 (of 193)

Rank in course/Men: 115 (of 142)

Best time in course: 42:15

Rank in category: 19(of 21)

Best time in the category: 48:32