



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Ziegner, Pierre

Club: Bad Langensalza
Number: 154

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:10:45

Speed: 10.18 km/h
Running performance: 5:40 min/km

Rank in course/Total: 140 (of 193)

Rank in course/Men: 117 (of 142)

Best time in course: 42:15

Rank in category: 19(of 22)

Best time in the category: 42:15