



## 3Türmelauf

Bad Langensalza / 19.04.2015

### Detailed evaluation

**Billert, Frank**

Club: Bad Tennstedt

Number: 10

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:10:47

Speed: 10.17 km/h

Running performance: 5:40 min/km

Rank in course/Total: 143 (of 193)

Rank in course/Men: 118 (of 142)

Best time in course: 42:15

Rank in category: 19(of 20)

Best time in the category: 52:50