



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Leister, Karl-Heinz

Club: BSG Sparkasse Unstrut-Hainich e.V.
Number: 73

Course: 12.50 km
12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:11:00

Speed: 10.14 km/h

Running performance: 5:41 min/km

Rank in course/Total: 146 (of 193)

Rank in course/Men: 120 (of 142)

Best time in course: 42:15

Rank in category: 17(of 25)

Best time in the category: 46:59