



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Stedefeld, Marion

Club: Laufgruppe Hufeland Klinikum GmbH
Number: 131

Course: 12.50 km
12,5 km -Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:11:39

Speed: 10.05 km/h

Running performance: 5:44 min/km

Rank in course/Total: 151 (of 193)

Rank in course/Women: 28 (of 51)

Best time in course: 53:49

Rank in category: 4(of 11)

Best time in the category: 1:00:03