



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Seeber, Rita

Club: AWO Familienzentrum  
Number: 126

Course: 12.50 km  
12,5 km -Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:13:38

Speed: 9.78 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 161 (of 193)

Rank in course/Women: 33 (of 51)

Best time in course: 53:49

Rank in category: 4(of 7)

Best time in the category: 1:07:19