



## 3Türmelauf

Bad Langensalza / 19.04.2015

### Detailed evaluation

**Seeber, Rita**

Club: AWO Familienzentrum

Number: 126

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:13:38

Speed: 9.78 km/h

Running performance: 5:53 min/km

Rank in course/Total: 161 (of 193)

Rank in course/Women: 33 (of 51)

Best time in course: 53:49

Rank in category: 4(of 7)

Best time in the category: 1:07:19