



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Linde, Silke

Club: BSG Sparkasse Unstrut-Hainich e.V.
Number: 75

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:16:08

Speed: 9.46 km/h
Running performance: 6:05 min/km

Rank in course/Total: 169 (of 193)

Rank in course/Women: 37 (of 51)

Best time in course: 53:49

Rank in category: 6(of 11)

Best time in the category: 1:00:03