



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

**Kraus, Roman**

Club: BSG Sparkasse Unstrut-Hainich e.V.  
Number: 65

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:17:05

Speed: 9.34 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 174 (of 193)

Rank in course/Men: 135 (of 142)

Best time in course: 42:15

Rank in category: 20(of 20)

Best time in the category: 52:50