



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Steinmetz, Antje

Club: Heidelberg
Number: 181

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:23:54

Speed: 8.58 km/h
Running performance: 6:43 min/km

Rank in course/Total: 190 (of 193)

Rank in course/Women: 50 (of 51)

Best time in course: 53:49

Rank in category: 10(of 11)

Best time in the category: 1:00:03