



31. Abend-Berg-Lauf Friedrichroda / 24.04.2015

Detailed evaluation

Hasenstein, Mario

Club: Feuerwehr Gotha-Siebleben
Number: 339

Course: 13.20 km
Berglauf lang

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:06:32

Speed: 11.72 km/h
Running performance: 5:02 min/km

Rank in course/Total: 34 (of 85)

Rank in course/Men: 33 (of 71)

Best time in course: 49:57

Rank in category: 6(of 12)

Best time in the category: 52:45