



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

**Specht, Robert**

Club: Mechterstädt  
Number: 377

Course: 13.20 km  
Berglauf lang

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:06:58

Speed: 11.65 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 36 (of 85)

Rank in course/Men: 35 (of 71)

Best time in course: 49:57

Rank in category: 8(of 12)

Best time in the category: 53:24