



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Frühauf, Tony

Club: Lauffeuer Fröttstädt  
Number: 317

Course: 13.20 km  
Berglauf lang

Category:  
Männer (20-29 Jahre)

Total time: 1:08:04

Speed: 11.46 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 39 (of 85)

Rank in course/Men: 38 (of 71)

Best time in course: 49:57

Rank in category: 4(of 7)

Best time in the category: 1:00:30