



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen
Number: 404

Course: 6.90 km
Berglauf kurz

Category:
Senioren M45 (45-49 Jahre)

Total time: 31:51

Speed: 11.30 km/h
Running performance: 4:37 min/km

Rank in course/Total: 11 (of 67)

Rank in course/Men: 9 (of 44)

Best time in course: 26:32

Rank in category: 1(of 7)

Best time in the category: 31:51