



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Kley, Steffen

Club: FF Warza  
Number: 359

Course: 13.20 km  
Berglauf lang

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:11:00

Speed: 10.99 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 51 (of 85)

Rank in course/Men: 48 (of 71)

Best time in course: 49:57

Rank in category: 11(of 12)

Best time in the category: 52:45