



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Hermann, Jan

Club: Fitnessoase Ohrdruf
Number: 372

Course: 13.20 km
Berglauf lang

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:11:11

Speed: 10.96 km/h
Running performance: 5:23 min/km

Rank in course/Total: 53 (of 85)

Rank in course/Men: 50 (of 71)

Best time in course: 49:57

Rank in category: 11(of 12)

Best time in the category: 53:24