



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

**Birkefeld, Armin**

Club: SG Crawinkel  
Number: 334

Course: 13.20 km  
Berglauf lang

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:11:35

Speed: 11.06 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 54 (of 85)

Rank in course/Men: 51 (of 71)

Best time in course: 49:57

Rank in category: 5(of 9)

Best time in the category: 1:01:02