



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

**Thiele, Thomas**

Club: Lauffreunde Fröttstädt  
Number: 308

Course: 13.20 km  
Berglauf lang

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:13:49

Speed: 10.57 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 62 (of 85)

Rank in course/Men: 57 (of 71)

Best time in course: 49:57

Rank in category: 7(of 7)

Best time in the category: 55:30