



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Ziezold, Nadine

Number: 352

Course: 13.20 km
Berglauf lang

Category:
Frauen (20-29 Jahre)

Total time: 1:17:28

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course/Total: 67 (of 85)

Rank in course/Women: 7 (of 14)

Best time in course: 1:00:29

Rank in category: 2(of 3)

Best time in the category: 1:12:05