



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Rattmann, Ellen

Club: FSV 1950 Gotha
Number: 343

Course: 13.20 km
Berglauf lang

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:20:12

Speed: 9.73 km/h
Running performance: 6:05 min/km

Rank in course/Total: 71 (of 85)
Rank in course/Women: 8 (of 14)
Best time in course: 1:00:29

Rank in category: 3(of 4)
Best time in the category: 1:08:51