



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Hildenbrandt, Bernd

Club: Chemie Gotha  
Number: 425

Course: 6.90 km  
Berglauf kurz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 33:39

Speed: 12.30 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 16 (of 67)

Rank in course/Men: 13 (of 44)

Best time in course: 26:32

Rank in category: 2(of 7)

Best time in the category: 31:51