



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Müller, Michael

Club: Lauffreunde Gotha  
Number: 456

Course: 6.90 km  
Berglauf kurz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 35:18

Speed: 10.20 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 19 (of 67)

Rank in course/Men: 16 (of 44)

Best time in course: 26:32

Rank in category: 3(of 7)

Best time in the category: 31:51