



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Senf, Michael

Club: Leinatal  
Number: 442

Course: 6.90 km  
Berglauf kurz

Category:  
Senioren M35 (35-39 Jahre)

Total time: 37:25

Speed: 9.62 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 27 (of 67)

Rank in course/Men: 23 (of 44)

Best time in course: 26:32

Rank in category: 2(of 2)

Best time in the category: 30:59