



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Walch, Fredy

Club: Rhöner WSV
Number: 454

Course: 6.90 km
Berglauf kurz

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:43

Speed: 12.54 km/h
Running performance: 4:10 min/km

Rank in course/Total: 3 (of 67)

Rank in course/Men: 3 (of 44)

Best time in course: 26:32

Rank in category: 1(of 4)

Best time in the category: 28:43