



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Biebeler, Volker

Club: SV Ernstroda

Number: 453

Course: 6.90 km

Berglauf kurz

Category:

Senioren M45 (45-49 Jahre)

Total time: 40:22

Speed: 8.92 km/h

Running performance: 5:51 min/km

Rank in course/Total: 39 (of 67)

Rank in course/Men: 31 (of 44)

Best time in course: 26:32

Rank in category: 6(of 7)

Best time in the category: 31:51