



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Krah, Daniel

Club: Friedrichroda  
Number: 407

Course: 6.90 km  
Berglauf kurz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 41:27

Speed: 8.69 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 45 (of 67)

Rank in course/Men: 34 (of 44)

Best time in course: 26:32

Rank in category: 5(of 5)

Best time in the category: 26:32