



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Krah, Anja

Club: Gesund ind Fit
Number: 406

Course: 6.90 km
Berglauf kurz

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 41:27

Speed: 8.69 km/h
Running performance: 6:01 min/km

Rank in course/Total: 46 (of 67)
Rank in course/Women: 12 (of 23)
Best time in course: 30:57

Rank in category: 2(of 3)
Best time in the category: 39:54