



31. Abend-Berg-Lauf  
Friedrichroda / 24.04.2015

Detailed evaluation

Langenhan, Uwe

Club: SC Eisenach  
Number: 463

Course: 6.90 km  
Berglauf kurz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 42:50

Speed: 8.40 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 50 (of 67)

Rank in course/Men: 37 (of 44)

Best time in course: 26:32

Rank in category: 5(of 5)

Best time in the category: 30:13