



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Langlotz, Lars

Club: Gotha
Number: 461

Course: 6.90 km
Berglauf kurz

Category:
Senioren M45 (45-49 Jahre)

Total time: 43:04

Speed: 8.36 km/h
Running performance: 6:14 min/km

Rank in course/Total: 52 (of 67)

Rank in course/Men: 38 (of 44)

Best time in course: 26:32

Rank in category: 7(of 7)

Best time in the category: 31:51