



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Bodem, Olaf

Club: Triathlon Friedrichroda e.V.
Number: 440

Course: 6.90 km
Berglauf kurz

Category:
Senioren M60 (60-64 Jahre)

Total time: 46:34

Speed: 7.73 km/h
Running performance: 6:45 min/km

Rank in course/Total: 59 (of 67)

Rank in course/Men: 41 (of 44)

Best time in course: 26:32

Rank in category: 2(of 2)

Best time in the category: 39:08