



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Scheske, Dorit

Club: Bad Segeberg

Number: 436

Course: 6.90 km

Berglauf kurz

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 46:52

Speed: 7.68 km/h

Running performance: 6:47 min/km

Rank in course/Total: 62 (of 67)

Rank in course/Women: 20 (of 23)

Best time in course: 30:57

Rank in category: 2(of 2)

Best time in the category: 31:16