



31. Abend-Berg-Lauf
Friedrichroda / 24.04.2015

Detailed evaluation

Scheske, Dorit

Club: Bad Segeberg
Number: 436

Course: 6.90 km
Berglauf kurz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 46:52

Speed: 7.68 km/h
Running performance: 6:47 min/km

Rank in course/Total: 62 (of 67)
Rank in course/Women: 20 (of 23)
Best time in course: 30:57

Rank in category: 2(of 2)
Best time in the category: 31:16