



31. Abend-Berg-Lauf Friedrichroda / 24.04.2015

Detailed evaluation

Merrbach, Frank

Club: Friedrichroda

Number: 322

Course: 13.20 km

Berglauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 50:00

Speed: 15.60 km/h

Running performance: 3:47 min/km

Rank in course/Total: 2 (of 85)

Rank in course/Men: 2 (of 71)

Best time in course: 49:57

Rank in category: 2(of 6)

Best time in the category: 49:57